
CURRICULUM VITAE

Kathleen U. Farmer, Psy.D.

Licensed Psychologist: Missouri, PYO1346

Vitae Update: October, 2007

Professional Status:

Psychologist
Headache Care Center/Clinvest

**Headache Care Center
Clinvest**
3805 South Kansas Expressway
Springfield, MO 65807

Higher Education

1987-1988 Burrell Mental Health Center, Springfield, MO, Internship

1985-1988 Forest Institute of Professional Psychology, Springfield, MO, Psy.D., Clinical Psychology

1967-1969 University of Dayton, Dayton, OH, M.A., Clinical Psychology

1964-1967 University of Dayton, Dayton, OH, B.A., Psychology

Professional Positions

1996-present Administrator/Psychologist, Headache Care Center, Clinvest, Springfield, MO

1988-1995 Psychologist, Shealy Institute, Springfield, MO.

1985-1987 Family therapist and psychological assessor
Behavioral Medicine Associates, Springfield, MO

1972-1985 Freelance writer and photographer

1970-1972 Family therapist, Southeast Wyoming Mental Health Center, Cheyenne, WY

1969-1970 Computer worker, Straub Medical Research Institute, Honolulu, HI

1967-1969 Psychology Trainee, Dayton State Hospital, Dayton, OH

Professional Societies

American Academy of Pain Management, Certification Examination Committee (1995), Diplomate

American Association for the Study of Headache

American Psychological Association

American Society of Clinical Pharmacology and Therapeutics

Council for the National Register of Health Service Providers in Psychology

International Headache Society

Missouri Psychological Association, Chairman, Women's Issue Committee (1991-92)

National Headache Foundation

Ozark Area Psychological Association, Executive Council, President (1991-92)

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Appointments & Advisory Boards

1988-Present: Forest Institute of Professional Psychology, adjunct faculty

Women's Health Advocacy

Books

Cady R, Schreiber C, Farmer, K. Analgesic Rebound Headache. In: Waldman, SD, ed. *Pain Management*. Philadelphia, PA: Saunders Elsevier. Vol 1, January 2007, 492-501.

Kathleen Farmer-Cady. Behavioral Approach to Migraine. In: Jeffrey Unger, ed. *Clinics in Family Practice: Migraine*. Philadelphia, PA: W.B. Saunders. Vol 7, No 3. September 2005, 493-508.

Farmer-Cady, K. (2005). Psychological assessment tools in clinical management of pain. In M. V. Boswell & B. E. Cole (Eds.), *Weiner's Pain Management: A practical guide for clinicians*.

Cady, R.K., Schreiber, C.P., & Farmer, K. (2004) Tension-type headache. In E. W. Loder, & V. T. Martin (Eds.), *Headache: a Guide for the Primary Care Physician* (pp. 79-93). Philadelphia: American College of Physicians.

Farmer, K., & Cady, R. (2004). Other approaches to migraine management. In E. W. Loder, & D. A. Marcus (Eds.), *Migraine in Women* (pp. 85-94). Hamilton, Ontario: BC Decker.

Cady, R. K., Farmer, K., Schreiber, C. P., & Kaniecki, R. (2003). The usefulness of the publication. Patient-centered strategies for effective management of migraine in primary care (pp. 402-407). In J. Olesen, T. J. Steiner, & R. B. Lipton (Eds.). *Reducing the burden of headache. Vol. 2*, London: Oxford U Press.

Farmer, K., Cady, R. K., Reeves, D., & Bleiberg, J. (2003). Cognitive efficiency following migraine therapy (pp. 46-51). In J. Olesen, T. J. Steiner, & R. B. Lipton (Eds.). *Reducing the burden of headache. Vol. 2*. London: Oxford U Press.

Farmer, K. (2002). Psychophysiological Disorders as a Psychological Injury. In I. S. Schultz, & D. O. Brady (Eds.), *Psychological Injuries at Trial* (pp. 910-932). Washington DC: American Bar Association.

Primary Care Network Advisory Committee. (2000) *Patient Centered Strategies for Effective Management of Migraine*. Springfield, MO: Primary Care Network.

Cady, R., & Farmer, K. (1998). *The Migraineur's Guide to Migraine*. Springfield, MO: A&J Printing.

Farmer, K. (1998). Posttraumatic Headache. In R. Windsor, & D. Lox (Eds.), *Soft Tissue Injuries* (pp. 207-224).

Philadelphia: Hanley & Belfus.

Cady, R., & Farmer, K. (1996). *Headache Free*. New York: Bantam Books.

Farmer, K. (1994) Biofeedback and the Treatment of Headache. In R. Cady & A. Fox (Eds.), *Treating the Headache Patient*. London: Marcel Dekker.

Journal Articles & Technical Reports

Roebuck-Spencer T, Sun W, Cernich AN, Farmer K, Bleiberg J. Assessing change with the automated neuropsychological assessment metrics (ANAM): Issues and challenges. *Arch Clin Neuropsychol*. 2007;22 Suppl 1:79-87.

Roger K Cady, Kathleen Farmer-Cady. Evidence-based Behavioral Management of Migraine. *Migraine Consult Collection*. February 2007: 2-6.

Kathleen Farmer. Do-It-Yourself Biofeedback: Bridge Therapy for Headache Prevention. *Biofeedback*. Winter 2006; 34(4): 137-140.

Farmer K, Cady R. Case Study: Transformation from episodic migraine to chronic neurological disease. *The Pain Practitioner*. Fall 2006;16(3): 34-40.

Cady R, Farmer K, Dexter JK, Schreiber C. Cosensitization of pain and psychiatric comorbidity in chronic daily headache. *Current Pain Headache Report*. 2005;Feb;9(1):47-52.

Cady RK, Schreiber CP, Farmer KU. Understanding migraine: advancing from clinical trials to clinical practice. *Headache Care*. 2004;1(3):183-190.

Cady RK, Schreiber CP, Farmer KU. Understanding the migraine patient: the evolution from episodic to chronic neurological disease. *Headache*; 2004 44: 426-435.

Cady R, Farmer K, Schreiber C. Skeletal muscle relaxants: a new rationale for choice. *Primary Care Special Edition*. McMahon Publishing Company; July 2003 (special report).

Unger J, Cady RK, Farmer-Cady K. Pt. 3: Understanding migraine: strategies for prevention. *Emergency Medicine*. 2003; Oct; 35(10): 39-45.

Unger J, Cady RK, Farmer-Cady K. Pt. 2: Understanding migraine: treatment options. *Emergency Medicine*. 2003; Sept; 35(9):50-55.

Unger J, Cady RK, Farmer-Cady K. Pt. 1: Understanding migraine: pathophysiology and presentation. *Emergency Medicine*. 2003; Aug; 35(8): 22-32.

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- Unger J, Cady RK, Farmer-Cady K. Migraine headaches, Part 3: hormonal factors. *The Female Patient* ®. 2003 Jul;28(7):31-34.
- Unger J, Cady RK, Farmer-Cady K. Migraine headaches, Part 2: treatment options. *The Female Patient* ®. 2003 Jun;28(6):22-29.
- Unger J, Cady RK, Farmer-Cady K. Migraine headaches, Part 1: presentation and diagnosis. *The Female Patient* ®. 2003 May;28(5):32-39.
- Cady R., Schreiber C., Farmer K, Sheftell F. Primary headaches: a convergence hypothesis. *Headache*. 2002; Mar;42(3): 204-216.
- Farmer K, Cady R, Bleiberg J, Reeves D, Putnam G, O'Quinn S, Batenhorst A. Sumatriptan nasal spray and cognitive function during migraine: results of an open-label study. *Headache*. 2001; Apr; 41(4): 377-384.
- Farmer, K, Cady, R, Bleiberg, J., & Reeves, D. (2000). A pilot study to measure cognitive efficiency during migraine. *Headache*, 40(8): 657-661.
- Cady, R., & Farmer, K. (2000, February). Posttraumatic Headache. CME article from <http://www.primarycarenet.org>
- Cady, R., & Farmer, K. (1999, January). Self-Management of Migraine. CME article from <http://www.primarycarenet.org>
- Cady, R., & Farmer, K. (1998, November). Migraine: When to Refer and What to Expect. CME article from <http://www.primarycarenet.org>
- Cady, R., & Farmer, K. (1998, July). Acute treatment strategies for migraine. CME article from <http://www.primarycarenet.org>
- Cady, R., & Farmer, K. (1998, May). Clinical anatomy of acute migraine. CME article from <http://www.primarycarenet.org>
- Cady R, Farmer K, Griesemer K, Sable J. Prevalence of headache in children. *Headache Quarterly*. 1996; 7: 312-318.
- Emmerson GJ, Farmer K. Ego state therapy and menstrual migraine. *Australian Journal of Clinical Hypnotherapy & Hypnosis*. 1996; 17: 7-15.
- Farmer K. Biofeedback and visualization for peak performance. *Journal of Sports Rehabilitation*. 1995; 4: 59-64.

National & International Research Presentations
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Behavioral Medicine Approach to Headache Management. Managing the Difficult Headache Patient. National

Headache Foundation Conference, Orlando, FL, 2007, 2006, 2005, 2004, 2003, 2002, July.

Behavioral Medicine Approach to Headache Management. Managing the Difficult Headache Patient. National Headache Foundation Conference, Palm Springs, CA, 2007, 2006, 2005, 2004, 2003, 2002, February.

The Effect of Prodrome on Cognitive Efficiency. Poster presentation. American Headache Society, Chicago, IL, 2003, June.

The Cognitive Impact of Migraine in Children. VI International Congress on Headache in Children and Adolescents. Vienna, Austria, 2004, April.

Cognitive Efficiency Following Migraine Therapy. Poster presentation. International Headache Congress, New York City, 2001, June.

Patient Issues. Norway General Practitioners. Oslo, Norway, 2001, May.

Life is for Living. Migraine Blues. CME Music Video CD-ROM. Springfield, MO: Primary Care Network, 2000.

Biofeedback for Cephalalgia. American Academy of Pain Management Annual Meeting. Las Vegas, NV, 2000, September.

Impact of Migraine on Cognitive Efficiency. American Headache Society 42nd Annual Scientific Meeting. Montreal, Canada, 2000, June.

Communication Styles. Training of GW sales representatives. 2 weekends in 2000: San Francisco, New Orleans, LA.

Physician Preceptorship: Headache Therapeutic Advances and Management Strategies. Training of Primary Care Physicians. 5 weekends in 1999: Atlanta, GA, Dallas, TX, New York, Philadelphia, San Francisco.

Biofeedback for Headaches. American Academy of Pain Management Annual Meeting. Las Vegas, NV, 1999, September.

Gender-Related Headaches. American Academy of Pain Management Annual Meeting. Las Vegas, NV, 1999, September.

Neuropsychological Evaluation of Cervicogenic Headaches. North American Society of Cervicogenic Headache Annual Meeting. Las Vegas, NV, 1999, September.

Physician Preceptorship: Headache Therapeutic Advances and Management Strategies. Training of Primary Care Physicians. 4 weekends in 1999: Dallas, TX, New York, San Francisco, and San Diego, CA.

Alternative Treatments of Headache. Practicing Physician's Approach to the Difficult Headache Patient. Orlando, FL, 1999, July.

Cognitive Efficiency during Migraine. Platform presentation. American Academy of Neurology, Toronto, 1999, April.

Physician Preceptorship: Headache Therapeutic Advances and Management Strategies. Training of Primary Care Physicians. 18 weekends in 1998: Orlando, FL, Atlanta, GA, Marina del Rey, CA, Pasadena, CA, and Dallas, TX.

Treatment Outcome of Migraineurs over 40. Poster presentation. The Practicing Physician's Approach to the Difficult Headache Patient. Lake Buena Vista, FL, 1998, July.

Effects of Magnesium on Responsiveness of Migraineurs to a 5-HT-1 Agonist (sumatriptan). Platform presentation. American Academy of Neurology, Minneapolis, MN, 1998, April. *Effects of Magnesium on Migraine.* Poster presentation. American Academy of Clinical Pharmacology and Therapeutics. New Orleans, LA, 1998, March.

Coping Style Changes of Migraineurs during Pharmacological Treatment at 6 Months and after 5 Years. Poster Presentation. The Practicing Physician's Approach to the Difficult Headache Patient. Rancho Mirage, CA, 1998, February.

Headache Care Network: Management of Headache. CME Training of Primary Care Physicians. 1997, May 2-3, August 15-16, 22-23, September 5-6.

Emotions, Pain and the Faith Factor. Dialogue in Religion and Health. Cox Hospital, Springfield, MO. 1997, April 10.

Stress Management. Missouri Association of High School Counselors, Fort Leonard Wood, MO. 1996, December 4.

Biofeedback as Adjunctive Treatment for Headache. International Pilot. Branson, MO, 1996, September 21.

The Treatment of Depression Nonpharmacologically Through a Subtle Energy Procedure: The Ring of Fire. Drug Information Association (DIA), 31st Annual Meeting. Orlando, FL, 1995, June 29.

Management of Headache. Management of Pain. 2-day Pain Symposium sponsored by Nursing Education of America, for 12 Contact Hours of Continuing Education. Las Vegas, NV, 1995, June 5, June 6.

Integrating Biofeedback into Headache Therapy. Missouri Academy of Family Physicians. Branson, MO, 1994, November 10.

Biofeedback and Visualization for Peak Performance. National Athletic Trainers Association. Dallas, TX, 1994, June 13.

Prevalence of Headache in Children. American Society of Clinical Pharmacology and Therapeutics. New Orleans, LA, 1994, March 30.

Coping Style Changes of Migraineurs During Pharmacological Treatment. American Society of Clinical Pharmacology and Therapeutics. Honolulu, HI, 1993, March 26.

Conflict Management. Association of Junior High and High School Teachers of Southern Missouri. Springfield, MO, 1993, March 22.

Dealing with the Difficult Patient. Shealy Institute Annual Educational Conference., Springfield, MO, 1992, November 29.

A Multidisciplinary Treatment Model for Pain: Coping Style Differences Among Migraine Headache Sufferers, Pre- and Post-Pharmacological Treatment. Missouri Psychological Association Annual Convention. St. Louis, MO, 1992, March 1.

Assertiveness and a Positive Attitude. Supervisors from City Utilities of Springfield. Springfield, MO, 1991, June 14.

Holistic Treatment of Psychophysiological Disorders. Shawnee Community Mental Health Center. Topeka, KS, 1991, April 10.

Barriers to Wellness. Shealy Institute Annual Educational Conference. Springfield, MO, 1990, September 28.

The Management of Stress. National Park Service Managers Conference. Springfield, MO, 1990, June 7-9.

Research

Astra Zeneca A Crossover Design to Measure Cognitive Efficiency of Migraineurs Before and After Treatment with Zomig-ZMT (Zolmitriptan) and Fioricet (Butalbital, Acetaminophen and Caffeine).

Clinvest, Inc. The Cognitive Impact of Migraine in Children and Response to Treatment.

Elan An Open-Label Study Comparing the Tolerability and Effectiveness of Skelaxin[®] versus Flexeril When Taken with Ibuprofen in Patients with Acute Low Back Pain.

GlaxoSmithKline Farmer, K., Cady, R., Reeves, D., & Bleiberg, J. Cognitive Efficiency During Migraine.

GlaxoSmithKline Cady, R., Halverson, L., Farmer, K. Primary Care Network Headache Treatment Algorithm: Comparing Decision Based Comprehensive Intervention with Non-directed Therapy.

GlaxoSmithKline Cady, R., Farmer, K. Effects of Magnesium on Migraine.

Headache Farmer, K.

Care Center	Outcome Study of Treatment Modalities for Migraineurs.
Headache Care Center	Farmer, K., Cady, R. Coping Style Changes in Migraineurs Pre- and Post-pharmacological Treatment.
Headache Care Center	Farmer, K., Cady, R. Treatment Outcome of Migraineurs Over 40.
Merck	Cognitive and Economic Impact of Migraine Treatment in the Workplace with Rizatriptan vs. Placebo: Effects of Early vs. Delayed Intervention.
Pozen	The Effect of Prodrome on Cognitive Efficiency
Primary Care Network Foundation	Evaluation of Disease Burden in Subjects with Migraine
Doctoral Dissertation	Concept Formation with Inmate and Non-inmate Males.