

CURRICULUM VITAE

Debra J. Arnold, P.T.

BUSINESS ADDRESS

Headache Care Center
3805 S. Kansas Expressway
Springfield, MO 65807

EDUCATION

St. Louis University, St. Louis, Missouri. B.S. in Physical Therapy, May, 1975.

Student Internships, St. Louis University, St. Louis, Missouri, August-December 1974.

- St. John's Regional Health Center, Springfield, Missouri-acute care
- Jewish Hospital, St. Louis, Missouri-acute, chronic, and rehabilitation care
- Jefferson Barracks Veteran's Hospital, St. Louis, Missouri-rehabilitation care

PROFESSIONAL EMPLOYMENT

3/2001 to Present: Headache Care Center

- Clinic Administrator: Manage day to day operations of the clinic
- Serve on the National Advisory Board for Pain Program Accreditation and the Education Advisory Board with the American Academy of Pain Management
- Serve on the Project Team for Headache Education and Support Group with the National Headache Foundation

2/2000 to Present: Headache Care Center

- Staff Physical Therapist in out-patient setting with focus on headache management and chronic pain
- Established Headache Support Group 10/2000, co-sponsored by the National Headache Foundation
- CPR instructor for staff

9/92 to 2/2000: Physical Therapy Center

- Staff Physical Therapist in out-patient office
- Experience with acute and chronic care in out patient setting, pediatric care in the Nixa Public School System, geriatric care in nursing homes/extended care facilities, and chronic pain at the Headache Care Center
- Clinical Instructor for physical therapy and physical therapy assistant students
- Center Coordinator for Clinical Education

11/83 – 9/92: Shealy Institute

- Contract Physical Therapist
- 1986-1992: Director of Physical Therapy
- CPR instructor for staff since 1984
- Cardiac Performance Lab testing
- Certified Instructor for "Freedom From Back Pain" program

11/83-10/84: Southwest Professional Home Health Care, Springfield, Missouri

- Contract Physical Therapist

PROFESSIONAL EMPLOYMENT, continued:

- 06/82-11/83: Upjohn Home Health Agency, Springfield, Missouri
- Contract Physical Therapist
 - Therapy Services Coordinator for Physical Therapy, Occupational Therapy, and Speech Therapy
- 06/75-12/80: St. John's Regional Health Center, Springfield, Missouri
- Staff Physical Therapist
 - Experience with rheumatology, orthopedics, neurology, medical-surgical patients, diabetes, oncology, and psychiatric patients
 - Experience with pediatrics, adult care, and geriatrics
 - Participated in the development of the Arthritis Unit
 - Participated in the development of the "Ozark Area Arthritis Club" support group
 - Represented the hospital with a poster presentation of "The Team Approach in the Management of Rheumatoid Arthritis" at the "Annual Scientific Meeting of the American Rheumatism Association and Allied Health Professions Section of the Arthritis Foundation"
 - Presented numerous programs on arthritis in the Southwest Missouri area to both public and professional groups
 - Conducted ongoing training of assigned patient transporter
 - Conducted occasional in-service programs for the Physical Therapy Department
 - Occasionally supervised student physical therapists
 - Initiated student nurse program for observation of physical therapy operations
 - Initiated exercise booklet for arthritis patients
 - Initiated booklet discussing sex and arthritis

CONTINUING EDUCATION

- "Cultivating a Community of Care." 19th Annual Clinical Meeting of the American Academy of Pain Management, Nashville, TN, September 8-11, 2008.
- "Proper Coding for Migraine and Reimbursement: Session II." American Headache Society, October 16, 2007.
- "Proper Coding for Migraine and Reimbursement: Session I." American Headache Society, October 9, 2007.
- "Knowledge, Compassion, and Care." American Academy of Pain Management Annual Conference, Las Vegas, NV, September 27-30, 2007.
- "Beyond...Basics." American Academy of Pain Management Annual Conference, Orlando, FL, September 7-10, 2006.
- "Clinicians United to Manage Pain". American Academy of Pain Management Annual Conference, San Diego, CA, September 22-25, 2005.
- "Evaluation and Management Guidelines." Centers for Medicare and Medicaid Services, June 23, 2005.

CONTINUING EDUCATION, continued:

"Teach Your Physicians E/M Coding the Right Way: A Clinically-Based Method from a Physician that Ensures the Correct Level of Coding." Audio conference, Decision Health, June 15, 2005.

"Beyond the Deadline: Maintain and Improve Your Compliance with the HIPAA Security Rule." Audio conference, Decision Health, May 18, 2005.

"Train Employees to Comply with the HIPAA Security Rule...and Prevent the Worst Violations." Audio conference, Decision Health, May 3, 2005.

"Research and Privacy: Avoid HIPAA Compliance Hang-ups." Audio conference, Decision Health, March 9, 2005.

"Strategies for Improving Lives." American Academy of Pain Management Annual Conference, San Antonio, TX, September 8-12, 2004.

"Procedure Coding with ICD-9 and CPT-4." Cross Country University, Springfield, MO, April 2, 2003

"Orthotic and Taping Approaches for Lower Extremity Dysfunction." Southwest Missouri State University, Springfield, MO, October 17, 2003.

"Treatment of Individuals with Neurological Dysfunction." Springfield, MO, October 8, 2003.

"HIPAA Compliance Seminar." Springfield, MO, December 5, 2002.

"Cervical/Cervicogenic Headaches." Health Educators of America (home study course), November 26, 2002.

"Annual Conference American Academy of Pain Management." Reno, NV, September 25-29, 2002.

"HIPAA, The Final HHS Privacy Regulations and Medical Records." Springfield, MO, May 6, 2002.

"Take the Road Less Traveled-The Expanding Spectrum of Migraine." Curtis P. Schreiber, M.D., Primary Care Network, February 2, 2002.

"Cervical/Cervicogenic Headaches." Health Educators of America, Inc., Home Study Course, September 23, 2001.

"Differential Diagnosis and Manual Therapy of the Lower Cervical Spine: Disc, Facet and Uncovertebral Pathology." International Academy of Orthopedic Medicine,-U.S., Springfield, MO, February 16-18, 2001.

"Fibromyalgia." American Physical Therapy Association Home Study Course, February 2, 2001.

Instructor certification program for "Freedom From Back Pain" program, American Network Services, Springfield, MO, 1991.

CONTINUING EDUCATION, continued:

"Clinically Relevant Risk Factor Management of Cardiac Disease." Springfield, MO, February 15-16, 1991.

"Instruction in Cardiac Performance Lab Testing." William Eliot, Springfield, MO, December 1990.

"Strain-Counterstrain." Herb Yates, D.O., Springfield, MO, May 1990.

"S2 Advanced Lumbar Mobilization." Ola Grimsby, Chicago, IL, November 1988.

"S1 Basic Spinal Mobilization." Ola Grimsby, Chicago, IL, September 1988.

"Bionergy." June Brown, Springfield, MO, 1986.

"Functional Orthopedics I: Soft Tissue Mobilization." Gregory S. Johnson, P.T., Chicago, IL, 1984.

"Annual Scientific Meeting of the American Rheumatism Association and Allied Health Professions Section of the Arthritis Foundation." Denver, CO, May 30-June 1, 1979. Poster Presentation:
"The Team Approach to Treating Rheumatoid Arthritis.

"Annual Scientific Meeting of the American Rheumatism Association and Allied Health Professions Section of the Arthritis Foundation." New York City, NY, May 31-June 2, 1978.

"Symposium on Arthritis." Rehabilitation Institute of Chicago, Northwestern University Medical School, Chicago, IL, April 1977.

PROFESSIONAL AFFILIATIONS

- Medical Office Assistant Program Advisory Committee for Vatterott College, 2006 - Present
- Site Surveyor for Pain Program Accreditation for the American Academy of Pain Management, appointed 2007 - Present
- Education Advisory Board, American Academy of Pain Management, appointed 2008 - Present
- National Pain Data Bank and Pain Program Accreditation Advisory Board, American Academy of Pain Management, appointed 2002 – 2007 when program ended
- American Academy of Pain Management, 2002 - Present
- Medical Group Management Association of Missouri, December 2002 - Present
- American Physical Therapy Association, 2001 - Present
- Certified Instructor-"Freedom From Back Pain", American Network Services, 1991 - 1999
- American Red Cross Volunteer, CPR Instructor, 1984 - Present
- Medical Advisory Board, Multiple Sclerosis Society, 1984 - 1989
- Professional Advisor, Ozark Area Arthritis Club, 1976 - 1990

STATE LICENSURES

Missouri #00717
Illinois #070-002111